

# Garden Sisisic Hong Kong Triathlon Challenge Race 2016

## 嘉頓時時食香港三項鐵人挑戰賽2016

### Super Challenge 超級挑戰組

| Category     | Category Position | Race No | Name                   | Time     | Swim     | T1       | Bike     | T2       | Run      |
|--------------|-------------------|---------|------------------------|----------|----------|----------|----------|----------|----------|
| Female 18-29 | 1                 | 1221    | CHAN GOLDIE            | 05:10:05 | 00:38:31 | 00:06:27 | 02:31:33 | 00:10:21 | 01:43:11 |
| Female 18-29 | 2                 | 1219    | LEE WING SUM           | 05:47:51 | 00:32:53 | 00:03:49 | 02:41:42 | 00:06:37 | 02:22:48 |
| Female 30-39 | 1                 | 1224    | TAM RACHEL             | 04:40:04 | 00:37:05 | 00:04:17 | 02:20:36 | 00:05:41 | 01:32:22 |
| Female 30-39 | 2                 | 1226    | LAO KA LAI             | 04:42:01 | 00:45:22 | 00:05:13 | 02:22:22 | 00:06:16 | 01:22:46 |
| Female 30-39 | 3                 | 1229    | LAU MICHELLE           | 04:51:50 | 00:37:51 | 00:06:07 | 02:34:56 | 00:05:44 | 01:27:10 |
| Female 30-39 | 4                 | 1223    | TSANG WAI YAN          | 05:05:17 | 00:37:11 | 00:04:19 | 02:32:16 | 00:06:53 | 01:44:36 |
| Female 30-39 | DNF               | 1227    | YEUNG HOI KI KATHERINE |          | 00:42:35 | 00:08:33 | 02:11:00 | 00:07:29 |          |
| Female 30-39 | DNF               | 1228    | CHEUNG HOI YEE         |          | 00:45:31 | 00:06:14 | 02:03:41 | 00:08:07 |          |
| Female 30-39 | DNF               | 1230    | CHEN XING              |          | 00:48:17 | 00:06:08 | 02:19:58 | 00:09:05 |          |
| Female 30-39 | DNF               | 1231    | Lam Genevieve          |          | 00:37:19 | 00:07:22 |          |          |          |
| Female 40-49 | 1                 | 1234    | KATE RUTHERFORD        | 03:39:30 | 00:24:32 | 00:02:57 | 02:03:40 | 00:03:44 | 01:04:35 |
| Female 40-49 | 2                 | 1237    | LI FENG CHUN           | 04:35:44 | 00:38:40 | 00:05:57 | 02:25:05 | 00:06:34 | 01:19:26 |
| Female 40-49 | 3                 | 1243    | CHAN MAN MEI           | 04:43:32 | 00:40:02 | 00:04:46 | 02:16:42 | 00:05:47 | 01:36:13 |
| Female 40-49 |                   | 1236    | TAM PUI YI ELIZABETH   | 05:21:03 | 00:52:56 | 00:04:36 | 02:41:18 | 00:03:43 | 01:38:27 |
| Male 18-29   | 1                 | 1030    | WU CHI CHONG           | 03:40:48 | 00:28:04 | 00:02:49 | 01:54:54 | 00:03:14 | 01:11:46 |
| Male 18-29   | 2                 | 1004    | CHOI SZE KAM           | 03:57:31 | 00:42:32 | 00:04:59 | 01:57:39 | 00:04:20 | 01:08:00 |
| Male 18-29   | 3                 | 1031    | UN CHAK LONG           | 03:59:20 | 00:30:35 | 00:03:00 | 02:07:08 | 00:03:04 | 01:15:31 |
| Male 18-29   | 4                 | 1016    | LO NING YAN            | 04:00:25 | 00:36:31 | 00:03:17 | 02:09:40 | 00:04:17 | 01:06:39 |
| Male 18-29   | 5                 | 1005    | LAU TIMMY              | 04:02:40 | 00:33:28 | 00:07:00 | 01:58:23 | 00:05:06 | 01:18:41 |
| Male 18-29   | 6                 | 1001    | LEE KA FAI             | 04:07:17 | 00:36:34 | 00:03:56 | 02:09:27 | 00:04:49 | 01:12:29 |
| Male 18-29   | 7                 | 1014    | YAU KWUN SAN           | 04:09:32 | 00:46:15 | 00:03:08 | 02:06:43 | 00:04:08 | 01:09:16 |
| Male 18-29   | 8                 | 1026    | SHAO ZHONGQIANG        | 04:16:36 | 00:38:56 | 00:05:07 | 02:15:39 | 00:04:35 | 01:12:16 |
| Male 18-29   | 9                 | 1238    | YEUNG WING HO          | 04:16:50 | 00:44:04 | 00:05:57 | 02:11:25 | 00:05:55 | 01:09:27 |
| Male 18-29   | 10                | 1024    | YE JUN CHU             | 04:18:07 | 00:43:32 | 00:05:38 | 02:15:47 | 00:05:10 | 01:07:59 |
| Male 18-29   | 11                | 1013    | WONG CHUN KIT          | 04:19:35 | 00:37:57 | 00:03:49 | 02:13:35 | 00:05:37 | 01:18:35 |
| Male 18-29   | 12                | 1003    | LAI WA CHUN            | 04:33:48 | 00:39:04 | 00:03:52 | 02:26:30 | 00:04:47 | 01:19:33 |
| Male 18-29   | 13                | 1027    | LAU KAM FAI            | 04:36:17 | 00:45:12 | 00:05:25 | 02:15:17 | 00:07:22 | 01:22:59 |
| Male 18-29   | 14                | 1002    | LEE PUI LEUNG PAUL     | 04:37:38 | 00:40:25 | 00:04:31 | 02:14:19 | 00:07:29 | 01:30:51 |
| Male 18-29   | 15                | 1019    | LEE CHEUK PAN          | 04:58:18 | 00:44:15 | 00:06:27 | 02:21:12 | 00:06:19 | 01:40:04 |
| Male 18-29   | 16                | 1006    | CHOI KWONG WAN         | 04:58:55 | 00:38:13 | 00:06:09 | 02:30:59 | 00:08:03 | 01:35:30 |
| Male 18-29   | 17                | 1020    | DOMINGO DARIEL RABOY   | 04:59:39 | 00:43:30 | 00:04:15 | 02:21:37 | 00:09:03 | 01:41:12 |
| Male 18-29   | 18                | 1007    | TSE YU FUNG            | 05:02:01 | 00:37:57 | 00:07:11 | 02:18:32 | 00:06:45 | 01:51:34 |
| Male 18-29   | 19                | 1028    | HO CHUN                | 05:04:43 | 00:33:12 | 00:04:10 | 02:26:53 | 00:06:52 | 01:53:34 |
| Male 18-29   | 20                | 1029    | YIU CHING HO           | 05:05:10 | 00:41:22 | 00:05:28 | 02:24:24 | 00:05:59 | 01:47:56 |
| Male 18-29   | 21                | 1009    | CHUI CHUNG HONG        | 05:28:10 | 00:32:58 | 00:05:55 | 02:30:05 | 00:10:24 | 02:08:46 |
| Male 18-29   | 22                | 1022    | PASSION WANG           | 05:29:13 | 00:52:03 | 00:04:16 | 02:22:42 | 00:06:39 | 02:03:31 |
| Male 18-29   | 23                | 1011    | TSAI CHUN YU GARY      | 05:38:19 | 00:29:26 | 00:06:04 | 02:33:28 | 00:11:02 | 02:18:17 |
| Male 18-29   |                   | 1012    | NG HO LUN              | 05:33:31 | 00:43:58 | 00:05:41 | 02:43:40 | 00:04:03 | 01:56:07 |
| Male 18-29   | DNF               | 1008    | HO WAI KING            |          | 00:56:16 | 00:07:14 | 02:23:09 |          |          |
| Male 18-29   | DNF               | 1015    | Shen Qing              |          | 00:48:18 | 00:09:49 |          |          |          |
| Male 18-29   | DNF               | 1017    | FOK YUN SAM            |          | 00:32:38 | 00:03:32 | 01:30:13 | 01:24:48 |          |
| Male 18-29   | DNF               | 1018    | CHOU MINGYEN           |          | 00:33:23 | 00:04:35 | 02:22:50 |          |          |
| Male 18-29   | DNF               | 1021    | CHOU TOODS             |          | 01:16:44 | 00:07:05 | 01:18:07 | 00:09:13 |          |
| Male 18-29   | DNF               | 1025    | WONG YAU TIN           |          | 00:44:42 | 00:08:12 | 01:35:12 | 00:05:00 |          |
| Male 30-39   | 1                 | 1239    | VEITH IAIN             | 03:11:50 | 00:27:40 | 00:03:07 | 01:40:39 | 00:02:47 | 00:57:35 |
| Male 30-39   | 2                 | 1091    | ERICH FELBABEL         | 03:15:14 | 00:28:21 | 00:02:41 | 01:40:28 | 00:03:41 | 01:00:02 |
| Male 30-39   | 3                 | 1095    | LEE WAI KIN            | 03:43:29 | 00:32:44 | 00:04:06 | 02:03:23 | 00:03:52 | 00:59:22 |
| Male 30-39   | 4                 | 1114    | KU LAP CHON FISH KU    | 03:44:51 | 00:28:40 | 00:03:07 | 01:58:03 | 00:04:09 | 01:10:50 |
| Male 30-39   | 5                 | 1111    | NI ZHIYONG             | 03:48:27 | 00:28:48 | 00:05:14 | 01:54:52 | 00:04:19 | 01:15:12 |
| Male 30-39   | 6                 | 1040    | CHEUNG HUNG FAT        | 03:50:23 | 00:38:14 | 00:03:41 | 01:58:28 | 00:03:58 | 01:06:01 |
| Male 30-39   | 7                 | 1038    | LIN KA CHUN BARRY      | 03:53:01 | 00:40:12 | 00:03:30 | 01:55:41 | 00:03:28 | 01:10:09 |
| Male 30-39   | 8                 | 1105    | LEE YUK TONG           | 03:54:03 | 00:32:48 | 00:03:35 | 02:06:55 | 00:03:58 | 01:06:44 |
| Male 30-39   | 9                 | 1088    | AU HO LAM              | 03:56:09 | 00:42:46 | 00:03:49 | 01:54:53 | 00:04:24 | 01:10:15 |
| Male 30-39   | 10                | 1045    | LAU CHUN PONG          | 03:58:39 | 00:33:22 | 00:03:50 | 02:00:14 | 00:03:09 | 01:18:02 |
| Male 30-39   | 11                | 1096    | LI YU                  | 03:58:56 | 00:37:50 | 00:04:36 | 02:00:38 | 00:04:57 | 01:10:53 |
| Male 30-39   | 12                | 1067    | CHAN CLEMENT           | 04:00:37 | 00:38:02 | 00:04:14 | 02:05:08 | 00:04:46 | 01:08:26 |

# Garden Sisisic Hong Kong Triathlon Challenge Race 2016

## 嘉頓時時食香港三項鐵人挑戰賽2016

### Super Challenge 超級挑戰組

| Category   | Category Position | Race No | Name                    | Time     | Swim     | T1       | Bike     | T2       | Run      |
|------------|-------------------|---------|-------------------------|----------|----------|----------|----------|----------|----------|
| Male 30-39 | 13                | 1240    | CHAN ERIK               | 04:00:58 | 00:30:33 | 00:03:07 | 02:09:34 | 00:04:10 | 01:13:32 |
| Male 30-39 | 14                | 1041    | NG ANDY                 | 04:02:18 | 00:34:21 | 00:03:49 | 02:05:54 | 00:04:58 | 01:13:13 |
| Male 30-39 | 15                | 1064    | GEDDES MARC             | 04:10:08 | 00:34:59 | 00:04:09 | 02:06:39 | 00:05:12 | 01:19:07 |
| Male 30-39 | 16                | 1051    | WILLIAMS ROWAN          | 04:11:25 | 00:41:59 | 00:05:00 | 02:03:45 | 00:04:45 | 01:15:53 |
| Male 30-39 | 17                | 1108    | WONG TONY               | 04:13:02 | 00:30:02 | 00:05:04 | 02:11:27 | 00:05:02 | 01:21:25 |
| Male 30-39 | 18                | 1049    | CHU JAMES               | 04:13:07 | 00:31:29 | 00:06:12 | 01:58:35 | 00:04:52 | 01:31:58 |
| Male 30-39 | 19                | 1120    | ZHANG EASON             | 04:13:36 | 00:40:13 | 00:04:26 | 02:09:11 | 00:05:09 | 01:14:35 |
| Male 30-39 | 20                | 1112    | FUNG MERVYN             | 04:20:16 | 00:30:42 | 00:06:12 | 02:11:33 | 00:05:54 | 01:25:53 |
| Male 30-39 | 21                | 1062    | CHAN CHUN TAK           | 04:21:50 | 00:40:33 | 00:04:02 | 02:08:55 | 00:05:49 | 01:22:30 |
| Male 30-39 | 22                | 1065    | HON SAI KEUNG           | 04:22:39 | 00:31:24 | 00:05:58 | 02:05:54 | 00:05:46 | 01:33:35 |
| Male 30-39 | 23                | 1076    | FUNG KA FAI             | 04:22:51 | 00:37:47 | 00:06:09 | 02:08:57 | 00:06:05 | 01:23:51 |
| Male 30-39 | 24                | 1089    | YIP KWOK KOON           | 04:23:56 | 00:53:21 | 00:04:23 | 01:59:37 | 00:04:51 | 01:21:41 |
| Male 30-39 | 25                | 1080    | CHOW MAN KIT            | 04:27:27 | 00:32:05 | 00:05:04 | 02:19:02 | 00:05:47 | 01:25:27 |
| Male 30-39 | 26                | 1116    | TAM SHING YIU           | 04:28:36 | 00:39:37 | 00:04:44 | 02:16:42 | 00:06:18 | 01:21:13 |
| Male 30-39 | 27                | 1090    | MO LONG KI              | 04:28:45 | 00:42:41 | 00:04:50 | 02:18:41 | 00:06:25 | 01:16:06 |
| Male 30-39 | 28                | 1037    | FONG CHI WAI            | 04:30:02 | 00:37:24 | 00:03:58 | 02:16:25 | 00:05:42 | 01:26:32 |
| Male 30-39 | 29                | 1057    | LIN KEFENG              | 04:30:05 | 00:36:07 | 00:05:33 | 02:12:50 | 00:06:02 | 01:29:31 |
| Male 30-39 | 30                | 1094    | CHANG RUISENG           | 04:30:51 | 00:27:40 | 00:04:57 | 02:15:01 | 00:09:06 | 01:34:05 |
| Male 30-39 | 31                | 1050    | LAM KEN                 | 04:30:57 | 00:37:40 | 00:04:41 | 02:10:24 | 00:05:58 | 01:32:11 |
| Male 30-39 | 32                | 1078    | CHOI PUI NANG           | 04:32:45 | 00:44:48 | 00:04:55 | 02:22:29 | 00:06:06 | 01:14:24 |
| Male 30-39 | 33                | 1046    | CHONG YAT MING          | 04:35:16 | 00:40:28 | 00:04:17 | 02:19:39 | 00:04:01 | 01:26:49 |
| Male 30-39 | 34                | 1082    | CHAN KAM MING           | 04:35:37 | 00:43:20 | 00:05:42 | 02:24:36 | 00:06:47 | 01:15:10 |
| Male 30-39 | 35                | 1102    | YANG XIAO FENG          | 04:36:57 | 00:43:34 | 00:05:12 | 02:06:25 | 00:05:13 | 01:36:31 |
| Male 30-39 | 36                | 1074    | LAM YAN NGAI            | 04:38:58 | 00:37:29 | 00:07:13 | 02:18:03 | 00:07:56 | 01:28:15 |
| Male 30-39 | 37                | 1104    | FOUQUET JEAN-CHARLES    | 04:42:58 | 00:30:33 | 00:05:15 | 02:23:58 | 00:05:58 | 01:37:11 |
| Male 30-39 | 38                | 1117    | MAK WAI LUN             | 04:44:52 | 00:38:09 | 00:05:26 | 02:29:51 | 00:06:26 | 01:24:57 |
| Male 30-39 | 39                | 1061    | FUNG CHI KIN            | 04:48:06 | 00:35:26 | 00:04:15 | 02:30:13 | 00:06:15 | 01:31:55 |
| Male 30-39 | 40                | 1058    | CHEUNG LOK YIN          | 04:49:14 | 00:39:50 | 00:04:54 | 02:26:34 | 00:05:45 | 01:32:09 |
| Male 30-39 | 41                | 1036    | LO KAI FUNG             | 04:52:54 | 00:35:49 | 00:05:32 | 02:22:05 | 00:06:50 | 01:42:37 |
| Male 30-39 | 42                | 1056    | PENG FENG               | 04:55:55 | 00:36:53 | 00:07:10 | 02:26:56 | 00:08:46 | 01:36:08 |
| Male 30-39 | 43                | 1053    | LEE NGAI                | 04:56:28 | 00:42:33 | 00:04:51 | 02:19:18 | 00:06:58 | 01:42:46 |
| Male 30-39 | 44                | 1110    | CHEUNG LOK TO           | 04:57:50 | 00:42:36 | 00:05:18 | 02:23:05 | 00:07:46 | 01:39:02 |
| Male 30-39 | 45                | 1035    | TSANG CHEUK HO          | 04:59:14 | 00:44:46 | 00:05:26 | 02:22:16 | 00:16:53 | 01:29:51 |
| Male 30-39 | 46                | 1084    | LAI KIN FUNG            | 05:01:18 | 00:43:14 | 00:04:51 | 02:24:29 | 00:06:53 | 01:41:49 |
| Male 30-39 | 47                | 1070    | LEE YAT SHING           | 05:01:23 | 00:37:48 | 00:04:41 | 02:19:54 | 00:08:07 | 01:50:51 |
| Male 30-39 | 48                | 1066    | CHAN WAI KIN            | 05:02:51 | 00:46:58 | 00:05:03 | 02:27:14 | 00:06:22 | 01:37:11 |
| Male 30-39 | 49                | 1113    | LAU HIUYAN              | 05:07:52 | 00:43:15 | 00:05:55 | 02:29:30 | 00:08:47 | 01:40:24 |
| Male 30-39 | 50                | 1054    | WONG MAN KIT            | 05:08:28 | 00:33:34 | 00:09:22 | 02:29:37 | 00:06:29 | 01:49:25 |
| Male 30-39 | 51                | 1075    | POON KA KEI             | 05:15:37 | 00:40:38 | 00:04:39 | 02:35:06 | 00:05:45 | 01:49:27 |
| Male 30-39 | 52                | 1034    | LAW CHAK LUNG           | 05:24:13 | 00:46:59 | 00:04:02 | 02:18:34 | 00:11:39 | 02:02:57 |
| Male 30-39 | 53                | 1069    | CHENG CHI FUNG PERCIVAL | 05:38:08 | 00:39:47 | 00:04:50 | 02:17:10 | 00:05:58 | 02:30:20 |
| Male 30-39 |                   | 1085    | HU DAOLONG              | 05:12:16 | 00:32:50 | 00:10:33 | 02:39:14 | 00:08:06 | 01:41:31 |
| Male 30-39 |                   | 1241    | HUANG JIANJUN           | 05:38:24 | 00:43:33 | 00:05:13 | 02:52:28 | 00:03:37 | 01:53:30 |
| Male 30-39 | DNF               | 1039    | WONG YUK BUN            |          | 00:45:50 | 00:04:50 | 02:27:51 | 00:08:08 |          |
| Male 30-39 | DNF               | 1042    | JIANG LIK HARVEY        |          | 00:30:40 | 00:04:53 | 02:07:43 |          |          |
| Male 30-39 | DNF               | 1044    | NG YU CHUNG             |          | 00:43:27 | 00:05:52 |          |          |          |
| Male 30-39 | DNF               | 1048    | CHENG MAN KIT           |          | 01:01:12 | 00:04:22 | 02:38:19 |          |          |
| Male 30-39 | DNF               | 1055    | CHEN HAORAN             |          | 00:32:26 | 00:07:19 | 01:51:58 | 00:09:17 |          |
| Male 30-39 | DNF               | 1059    | DUBE JULIEN             |          | 00:33:30 | 00:04:14 | 02:09:53 | 00:04:43 |          |
| Male 30-39 | DNF               | 1063    | LEUNG CHUNG WAI         |          | 00:36:38 | 00:05:34 |          |          |          |
| Male 30-39 | DNF               | 1068    | WONG WING CHI           |          | 00:47:46 | 00:05:25 | 02:05:44 | 00:05:56 |          |
| Male 30-39 | DNF               | 1073    | CHEUNG TIK WAI          |          | 00:40:19 | 00:08:23 | 01:55:16 | 00:10:39 |          |
| Male 30-39 | DNF               | 1077    | SHUM PAK WING JEFFREY   |          | 00:39:02 | 00:05:32 |          |          |          |
| Male 30-39 | DNF               | 1086    | CHAN SIU WAI            |          | 00:50:49 | 00:05:49 | 02:41:45 |          |          |
| Male 30-39 | DNF               | 1087    | CHUI TIK MAN            |          | 00:44:32 | 00:09:44 | 00:53:41 | 00:09:48 |          |
| Male 30-39 | DNF               | 1092    | SHING LOK TO            |          | 00:46:40 | 00:05:31 | 02:14:04 | 00:05:47 |          |

# Garden Sisisic Hong Kong Triathlon Challenge Race 2016

## 嘉頓時時食香港三項鐵人挑戰賽2016

### Super Challenge 超級挑戰組

| Category   | Category Position | Race No | Name                | Time     | Swim     | T1       | Bike     | T2       | Run      |
|------------|-------------------|---------|---------------------|----------|----------|----------|----------|----------|----------|
| Male 30-39 | DNF               | 1093    | LIU ZHUO            |          | 00:44:10 | 00:06:22 | 01:55:52 | 00:08:15 |          |
| Male 30-39 | DNF               | 1097    | Pun Tok Fung Sam    |          | 00:42:34 | 00:05:21 |          |          |          |
| Male 30-39 | DNF               | 1109    | TSE KA MING         |          | 00:36:35 | 00:05:29 | 02:21:42 | 00:08:57 |          |
| Male 40-49 | 1                 | 1169    | FRANCIS WAYNE       | 03:46:54 | 00:34:30 | 00:04:08 | 01:55:11 | 00:04:45 | 01:08:18 |
| Male 40-49 | 2                 | 1147    | CHUM TIK HO         | 03:56:43 | 00:32:08 | 00:03:04 | 02:08:26 | 00:04:45 | 01:08:19 |
| Male 40-49 | 3                 | 1156    | CHOW BILLY          | 03:58:52 | 00:40:25 | 00:03:39 | 01:59:45 | 00:04:36 | 01:10:24 |
| Male 40-49 | 4                 | 1190    | LAM TSZ CHEUNG      | 04:08:34 | 00:38:15 | 00:05:03 | 02:06:30 | 00:05:01 | 01:13:43 |
| Male 40-49 | 5                 | 1145    | WONG PUI YUEN       | 04:11:18 | 00:39:47 | 00:03:46 | 02:06:52 | 00:04:27 | 01:16:24 |
| Male 40-49 | 6                 | 1153    | LI WAI SAMUEL       | 04:13:01 | 00:31:49 | 00:03:37 | 02:14:14 | 00:04:32 | 01:18:47 |
| Male 40-49 | 7                 | 1184    | WONG COLIN          | 04:14:09 | 00:36:08 | 00:03:35 | 02:03:12 | 00:04:50 | 01:26:22 |
| Male 40-49 | 8                 | 1136    | WONG TSZ WAI        | 04:14:51 | 00:36:18 | 00:06:41 | 02:09:13 | 00:04:28 | 01:18:10 |
| Male 40-49 | 9                 | 1131    | CHAN PIT HO         | 04:17:28 | 00:41:02 | 00:05:30 | 02:07:12 | 00:04:51 | 01:18:50 |
| Male 40-49 | 10                | 1191    | MOK HO YIN          | 04:17:50 | 00:34:13 | 00:05:40 | 02:08:02 | 00:05:30 | 01:24:23 |
| Male 40-49 | 11                | 1137    | CHAN TZE CHUNG      | 04:19:10 | 00:37:56 | 00:04:03 | 02:11:44 | 00:04:48 | 01:20:36 |
| Male 40-49 | 12                | 1160    | LEE CHUN FAN        | 04:21:02 | 00:37:12 | 00:03:27 | 02:17:17 | 00:05:08 | 01:17:56 |
| Male 40-49 | 13                | 1164    | CHOI SHING MIN      | 04:21:28 | 00:37:00 | 00:05:28 | 02:18:51 | 00:05:02 | 01:15:05 |
| Male 40-49 | 14                | 1135    | LEE YIP CHEE KEVIN  | 04:22:37 | 00:40:27 | 00:04:05 | 02:11:43 | 00:04:40 | 01:21:39 |
| Male 40-49 | 15                | 1141    | LI KAI HO           | 04:23:58 | 00:44:39 | 00:04:24 | 02:00:22 | 00:04:38 | 01:29:53 |
| Male 40-49 | 16                | 1175    | CHIU KOK FU         | 04:24:15 | 00:32:53 | 00:03:39 | 02:11:14 | 00:06:06 | 01:30:22 |
| Male 40-49 | 17                | 1142    | YEUNG CHI YAT       | 04:26:13 | 00:36:23 | 00:04:53 | 02:10:58 | 00:06:07 | 01:27:50 |
| Male 40-49 | 18                | 1138    | CHAN TSZ KONG       | 04:26:13 | 00:39:47 | 00:04:04 | 02:09:45 | 00:06:41 | 01:25:53 |
| Male 40-49 | 19                | 1157    | YAMAGATA OSAMU      | 04:27:17 | 00:31:37 | 00:04:08 | 02:24:47 | 00:05:50 | 01:20:54 |
| Male 40-49 | 20                | 1158    | LEE WAN KWONG       | 04:29:51 | 00:38:10 | 00:04:44 | 02:17:23 | 00:05:46 | 01:23:46 |
| Male 40-49 | 21                | 1122    | AU JOHN             | 04:30:41 | 00:37:07 | 00:04:46 | 02:12:57 | 00:05:23 | 01:30:26 |
| Male 40-49 | 22                | 1163    | HO KAM TIM          | 04:31:43 | 00:38:13 | 00:04:27 | 02:19:11 | 00:04:18 | 01:25:31 |
| Male 40-49 | 23                | 1186    | NG KA LAI           | 04:35:10 | 00:40:54 | 00:04:46 | 02:04:35 | 00:06:31 | 01:38:22 |
| Male 40-49 | 24                | 1174    | LI ZHI LIANG        | 04:36:29 | 00:38:12 | 00:04:28 | 02:21:07 | 00:05:47 | 01:26:52 |
| Male 40-49 | 25                | 1170    | TAM KWONG HING      | 04:36:51 | 00:36:06 | 00:06:52 | 02:19:52 | 00:06:51 | 01:27:08 |
| Male 40-49 | 26                | 1129    | CHAN WAI LUN        | 04:37:37 | 00:41:53 | 00:04:45 | 02:29:16 | 00:07:04 | 01:14:37 |
| Male 40-49 | 27                | 1134    | WONG KIN CHEUNG     | 04:38:35 | 00:39:16 | 00:04:29 | 02:17:43 | 00:06:48 | 01:30:17 |
| Male 40-49 | 28                | 1152    | SIT ANTONY SING KAI | 04:39:11 | 00:39:50 | 00:04:51 | 02:23:17 | 00:07:21 | 01:23:50 |
| Male 40-49 | 29                | 1179    | CHEANG DAVY         | 04:40:56 | 00:38:00 | 00:04:36 | 02:04:51 | 00:06:21 | 01:47:05 |
| Male 40-49 | 30                | 1183    | KWOK YIU FAI        | 04:42:55 | 00:39:04 | 00:06:25 | 02:26:14 | 00:05:58 | 01:25:12 |
| Male 40-49 | 31                | 1150    | SOU IAO KEONG       | 04:47:44 | 00:32:53 | 00:03:54 | 02:19:14 | 00:05:02 | 01:46:38 |
| Male 40-49 | 32                | 1125    | LAM WAI HUNG        | 04:49:52 | 00:45:16 | 00:04:17 | 02:27:53 | 00:05:36 | 01:26:48 |
| Male 40-49 | 33                | 1182    | LO HING TO          | 04:55:19 | 00:43:28 | 00:06:41 | 02:28:44 | 00:11:36 | 01:24:47 |
| Male 40-49 | 34                | 1171    | ZENG ZHU            | 04:57:51 | 00:39:45 | 00:06:00 | 02:17:10 | 00:09:09 | 01:45:44 |
| Male 40-49 | 35                | 1130    | TAM PETER           | 05:00:08 | 00:41:52 | 00:04:18 | 02:23:08 | 00:06:04 | 01:44:45 |
| Male 40-49 | 36                | 1166    | HUANG KUNTAO        | 05:03:18 | 00:40:35 | 00:06:21 | 02:24:10 | 00:09:55 | 01:42:15 |
| Male 40-49 | 37                | 1123    | CHEN CHI MING       | 05:06:17 | 00:40:59 | 00:03:44 | 02:26:51 | 00:08:49 | 01:45:52 |
| Male 40-49 | 38                | 1168    | TU LIJIAN           | 05:09:30 | 00:43:19 | 00:05:41 | 02:26:06 | 00:04:40 | 01:49:42 |
| Male 40-49 | 39                | 1139    | CHAN CHI WANG       | 05:14:40 | 00:45:18 | 00:06:05 | 02:27:30 | 00:07:16 | 01:48:28 |
| Male 40-49 | 40                | 1128    | YEN KA SHUN         | 05:15:25 | 00:44:03 | 00:05:08 | 02:27:13 | 00:09:57 | 01:49:03 |
| Male 40-49 | 41                | 1173    | FAN LUWEN           | 05:27:43 | 00:39:54 | 00:05:57 | 02:31:28 | 00:09:48 | 02:00:33 |
| Male 40-49 |                   | 1151    | CHAN IO CHAO        | 05:16:41 | 00:39:25 | 00:05:40 | 02:37:36 | 00:06:02 | 01:47:56 |
| Male 40-49 |                   | 1121    | WONG KIN KWAN       | 05:20:44 | 00:47:08 | 00:05:53 | 02:52:10 | 00:07:39 | 01:27:52 |
| Male 40-49 |                   | 1180    | ZHENG YE            | 05:38:22 | 00:41:56 | 00:06:41 | 02:45:25 | 00:06:13 | 01:58:05 |
| Male 40-49 |                   | 1192    | POON YIN NAM        | 05:42:56 | 00:39:38 | 00:05:36 | 02:35:59 | 00:10:39 | 02:11:03 |
| Male 40-49 | DNF               | 1124    | CHAU SAMUEL         |          | 00:48:50 | 00:04:00 | 02:28:18 |          |          |
| Male 40-49 | DNF               | 1133    | TANG WAI KI RICKY   |          | 00:31:33 | 00:06:05 | 03:07:58 |          |          |
| Male 40-49 | DNF               | 1140    | WU WAI KI           |          | 00:21:39 | 00:03:50 | 01:47:19 | 00:21:32 |          |
| Male 40-49 | DNF               | 1143    | 馮子偉                 |          | 00:49:13 | 00:07:21 |          |          |          |
| Male 40-49 | DNF               | 1146    | LAU TAK HUNG        |          | 00:43:07 | 00:05:52 |          |          |          |
| Male 40-49 | DNF               | 1148    | WONG MARTIN         |          | 00:34:57 | 00:10:57 | 02:27:27 | 00:09:07 |          |
| Male 40-49 | DNF               | 1161    | WONG WAI MAN        |          | 00:41:30 | 00:05:45 | 02:58:24 |          |          |
| Male 40-49 | DNF               | 1162    | LEE LOK MAN         |          | 00:49:07 | 00:07:06 | 02:08:13 | 00:09:18 |          |

# Garden Sisisic Hong Kong Triathlon Challenge Race 2016

## 嘉頓時時食香港三項鐵人挑戰賽2016

### Super Challenge 超級挑戰組

| Category         | Category Position | Race No | Name                    | Time     | Swim     | T1       | Bike     | T2       | Run      |
|------------------|-------------------|---------|-------------------------|----------|----------|----------|----------|----------|----------|
| Male 50-59       | 1                 | 1200    | HARRISON MICHAEL        | 04:01:26 | 00:31:00 | 00:04:02 | 02:10:10 | 00:04:50 | 01:11:22 |
| Male 50-59       | 2                 | 1242    | EASTER KENNETH          | 04:08:34 | 00:30:18 | 00:04:44 | 02:08:54 | 00:05:43 | 01:18:52 |
| Male 50-59       | 3                 | 1194    | MA CHI PO               | 04:15:11 | 00:32:37 | 00:03:50 | 02:09:52 | 00:04:55 | 01:23:56 |
| Male 50-59       | 4                 | 1207    | LEE YING HO             | 04:23:21 | 00:35:28 | 00:04:40 | 02:13:23 | 00:04:37 | 01:25:11 |
| Male 50-59       | 5                 | 1196    | CHAN KWONG MING         | 04:24:42 | 00:50:27 | 00:04:14 | 02:05:39 | 00:04:56 | 01:19:24 |
| Male 50-59       | 6                 | 1199    | CHAN CHU                | 04:25:42 | 00:33:06 | 00:03:30 | 02:14:09 | 00:05:33 | 01:29:23 |
| Male 50-59       | 7                 | 1201    | CHAN HON WA             | 04:31:47 | 00:33:50 | 00:03:41 | 02:24:25 | 00:04:57 | 01:24:52 |
| Male 50-59       | 8                 | 1198    | LAI ALEX                | 04:35:07 | 00:34:23 | 00:05:26 | 02:25:11 | 00:07:22 | 01:22:42 |
| Male 50-59       | 9                 | 1209    | MOK KWOK KWONG          | 04:38:56 | 00:36:16 | 00:05:54 | 02:29:22 | 00:06:50 | 01:20:32 |
| Male 50-59       | 10                | 1193    | LEUNG KIN KEUNG         | 05:00:54 | 00:40:49 | 00:05:10 | 02:22:01 | 00:07:06 | 01:45:45 |
| Male 50-59       | 11                | 1212    | WU CHI WAI              | 05:03:36 | 00:39:48 | 00:06:34 | 02:27:24 | 00:11:08 | 01:38:40 |
| Male 50-59       | 12                | 1204    | CHIU LAP WING           | 05:06:48 | 00:43:11 | 00:04:30 | 02:23:58 | 00:06:17 | 01:48:50 |
| Male 50-59       | 13                | 1211    | TSOI WAI MING TOMMY     | 05:13:39 | 00:43:04 | 00:06:59 | 02:26:24 | 00:08:50 | 01:48:20 |
| Male 50-59       | 14                | 1195    | POON KWOK WING          | 05:17:42 | 00:34:24 | 00:04:43 | 02:22:33 | 00:06:32 | 02:09:28 |
| Male 50-59       | 15                | 1214    | YUEN KAI MING           | 05:41:34 | 00:44:24 | 00:04:21 | 02:28:03 | 00:11:13 | 02:13:32 |
| Male 50-59       |                   | 1202    | LO KA WING              | 05:40:54 | 00:45:17 | 00:06:04 | 02:30:26 | 00:08:14 | 02:10:52 |
| Male 50-59       | DNF               | 1197    | FUNG WING YUEN          | 04:22:36 | 00:47:09 | 00:11:36 | 01:17:05 | 00:07:37 | 01:59:07 |
| Male 50-59       | DNF               | 1203    | NG DAVY                 |          | 00:59:37 | 00:06:01 | 02:28:23 |          |          |
| Male 50-59       | DNF               | 1205    | MOK KING KUEN           |          | 00:51:54 | 00:05:52 | 02:02:32 | 00:11:04 |          |
| Male 50-59       | DNF               | 1206    | CHUNG WAI LAP WILLIAM   |          | 00:39:03 | 00:05:45 | 03:01:53 |          |          |
| Male 50-59       | DNF               | 1208    | SO KWONG CHUEN RAYMOND  |          | 00:45:06 | 00:05:25 | 02:15:44 | 00:06:39 |          |
| Male 50-59       | DNF               | 1210    | CHEN WEIZHONG           |          | 00:36:21 | 00:09:23 | 02:14:12 | 00:09:09 |          |
| Male 50-59       | DNF               | 1213    | YUNG TAK CHEUNG         |          | 00:17:05 | 00:06:34 | 01:32:12 | 00:07:54 |          |
| Male 50-59       | DNF               | 1215    | CHUNG LUI HUNG LAWRENCE |          | 00:41:08 | 00:06:02 | 01:28:28 |          |          |
| Male 60 or above | 1                 | 1216    | WONG HON CHIO           | 05:13:01 | 00:40:10 | 00:05:04 | 02:26:44 | 00:06:57 | 01:54:03 |
| Male 60 or above | 2                 | 1218    | LEUNG CHI HUNG          | 05:18:46 | 00:37:20 | 00:04:42 | 02:35:29 | 00:10:44 | 01:50:29 |
| Male 60 or above | DNF               | 1217    | CHAN FAI MING           |          | 00:39:43 | 00:07:40 | 02:21:25 | 00:07:50 |          |